



**NEW SIGNATURE RANGE:** Born out of mindfulness, the Simola Inspire range of health, wellness and lifestyle products come from deep within the guiding philosophy of the place itself: 'to inspire the best human traits possible – to be grounded in love, kind regard and respect – and to carry this message through everything we do, at the spa, and outside of it'. Visit the Spa to experience it for yourself.



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#### SPA OPERATING HOURS:

Monday - Saturday: 09h00 - 18h00 | Sunday: 09h00 - 17h00

Give the gift of time with a Simola Spa gift voucher.

*Please enquire at Spa reception.*

Spa facilities: 22 Metre Heated Pool · Sauna · Rasul · Sensation Shower · Gym

Interact with us on Simola Spa and Gym @Simola Simola\_spa\_gym\_

Simola Hotel GPS Co-ordinates: 34° 0'18.82"S · 23° 02'19.04"E

**Simola Spa Terms & Conditions** • Please would you arrive 15 minutes prior to your appointment • 5 hours advance notice is required for cancellations or rescheduling, after which 50% of the treatment/s will be charged for • Late arrivals will have their treatment times reduced accordingly • Please note that Simola Spa is not a nude facility • Cellular phones are to be turned off on arrival • Consumption of alcohol and smoking are prohibited • Management and staff are not liable for loss or damage of personal property whatsoever • Please leave valuables at home • Treatments and packages are non-refundable, non-transferable and may not be exchanged for other treatments • Gift Vouchers valid for three (3) months from date of issue • Gift Vouchers will not be exchanged for cash • No person under the age of 16 is permitted in Spa & Gym area(s). Prices, treatments and offers are subject to change without prior notice. E&OE.



## SPA PRICE LIST



## THE PACKAGE

### Simola Signature Spoil

5.5 hours | R 3 650

### Couple's Cocoon

3.5 hours | R 2 500 (pp)

### Jetlag Jumpstart

2 hours | R 1 650

### Simola Spa Summer Sensation

3 hours | (Sept - Feb) | R 1 900

### Simola Spa Winter Warmer

3 hours | (Mar - Aug) | R 1 900

## THE SKIN

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### **Organic Cleansing Facial**

60 mins | R 550

### **Luxurious Aromessence Facial**

60 mins | R 995

### **Simola Signature Facial**

60 mins | R 700

### **Deluxe Aromessence Facial**

90 mins | R1 300

## THE BODY

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### **Simola Signature Relaxing Massage**

90 minutes | R 1 500

### **Aromatic Candle Massage**

60 minutes | R 1 150

### **Deep Tissue Golfer Massage**

60 minutes | R 1 300

90 minutes | R 1 850

### **Swedish Massage**

60 minutes | R 1 100

### **Hot Stone Massage**

60 minutes | R 1 200

### **Reflex Pressure Point Foot Massage**

30 minutes | R 750

### **Mom-to-be Massage**

60 minutes | R 1 200

### **Indian Head Massage**

30 minutes | R 750

45 minutes | R 995

### **Back, Neck & Shoulder Massage**

30 minutes | R 750

60 minutes | R 1 100

### **Full Body Lymph**

### **Drainage Massage**

45 minutes | R 850

## RASUL

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**Rasul Full Body Exfoliation** | 45 mins | R500

## THE BASICS

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### **Simola Express Manicure or Pedicure**

30 mins | R 360

### **Simola Express Manicure or Pedicure with Gel** (on request)

R 480

### **Simola Luxe Manicure or Pedicure**

60 mins | R 500

### **Simola Luxe Manicure or Pedicure with Gel** (on request)

R650

**Soak off** | 30 mins | R200

**Callus Peel Top-Up** | R 165

**Spray Tan** | R350 per session  
or a 3-session package | R 860

## WAXING

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**Half leg** | 30 mins | R 250

**Full leg** | 50 mins | R 330

**Bikini** | 30 mins | R 210

**Brazilian** | 45 mins | R 340

**Hollywood** | 60 mins | R 400

**Brow Shape** | 30 mins | R 120

**Chest/Back** | 30 mins | R 350

**U/arm** | 20 mins | R 150

**Lip/chin** | 15 mins | R 115

**½ Arm** | 45 mins | R 150

**Full Arm** | 60 mins | R 220

## TINTING

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**Brow Tint** | 15 mins | R 115

**Lash Tint** | 30 mins | R 130

**Brow & Lash Tint** | 30 mins | R 220

**Brow shape & Tint** | 30 mins | R 160